

## KIDS FOR RUNNING 2024



### **West De Pere Intermediate and Middle School**

- Practices will occur Mondays and Wednesdays immediately after school at the Intermediate School. We'll run outside in all weather (except lightning) starting April 3rd
- Students can participate in both track and Bellin Run training (they'll just come to Bellin Run when they don't have track practice)
- Signing up for the Bellin Run through school gets the student two free t-shirts and a reduced price for the Bellin Run virtual or in-person races
- The program culminates in the 5K (3.1 mile) Bellin Run (or virtual run) on June 8, 2024
- If your Intermediate or Middle School student is interested in running, please complete the following link: [LINK](#) or see Dr. Kohl or Mrs. Pawlowski

Program information from Bellin can be found at

[Bellin KIDS FOR RUNNING](#)